

Free Youth Suicide Prevention Training Opportunities for Educators, First Responders, and Community Members

Question, Persuade, Refer (QPR)

QPR is a 2 hour educational program designed to teach lay and professional "gatekeepers" the warning signs of a suicide crisis and how to respond.

The process follows three steps:

- (1) Question the individual's desire or intent regarding suicide,
- (2) Persuade the person to seek and accept help, and
- (3) Refer the person to appropriate resources. QPR training results in increased knowledge about suicide, gatekeeper self-efficacy, knowledge of suicide prevention resources, gatekeeper skills, and diffusion of gatekeeper training information.

The specific objectives of QPR training include:

- (1) increasing the ability to recognize someone at risk for suicide,
- (2) building skills to effectively intervene with those at risk; and
- (3) developing skills to refer someone at risk to an appropriate resource.

QUESTION.
PERSUADE.
REFER.

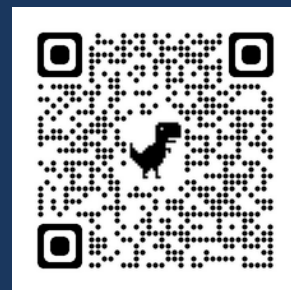


Training Dates

Date	Time	Location	Audience
05/17/2024	11AM-1PM	GSV Milton YMCA	GSV YMCA Staff
05/28/2024	6PM-8PM	GSV Sunbury YMCA	Open to the community

Registration Required:

SCAN ME



<https://sites.google.com/commonwealthu.edu/suicidepreventiontraining/home>

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