

June 2025 - Gym Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
6	Open Gym 600-845	Open Gym 600-800	Open Gym 600-845	Open Gym 600-845	Open Gym 600-845			
630								
7								
730								
8								
830								
		Silver Sneakers 8-845				Open Gym 8-10		
9	Silver Sneakers 845-10	Silver Sneakers 845-10	Silver Sneakers 845-10	Silver Sneakers 845-10	Silver Sneakers 845-10			
930								
10	2's 10-11	Pickleball 10-1	Open Gym 10-430	2's 10-11	Open Gym 10-430	Pickleball 10-1		
1030								
11	Open Gym 11--430			Pickleball 11-1			Open Gym 1-430	Open Gym 10-430
1130								
12								
1230								
1		Open Gym 1-430	Open Gym 1-430	Open Gym 1-3				
130								
2								
230								
3	the 							
330								
4								
430		Summer Camp 430-530	Summer Camp 430-530	Summer Camp 430-530	Summer Camp 430-530			
5								
530		Open Gym 530-745	Gymnastics Program 530-630	Open Gym 530-745 **Closed June 25th 530-630	Open Gym 530-745	Open Gym 530-645		
6	Open Gym 630-745							
630								
7								
730								
8					CLOSED			

****On days with inclement weather, please call the YMCA or check Facebook for open gym time availability**